

Insurance Plan Information | Pacificare

At Arrowhead Health Centers, we like to make sure you have a simple, efficient experience. Knowing how your insurance affects the experience you have with us is very important. Please review the specific details of your plan below.



| Plan Name | HMO | PPO |
|--|-----------------------------|-------|
| Arrowhead Health Centers' Overall Ease of Use Rating | ★☆☆☆☆ | ★★★★★ |
| Treatment/Procedures performed at Arrowhead Health Centers | | |
| Primary Care | ✓ | ✓ |
| Depression/Anxiety Care | ✓ | ✓ |
| Annual Exams | ✓ | ✓ |
| PT/Rehab | ✗ (40% TOS Discount) | ✓ |
| Chiropractic | ✗ (\$45 Self-Pay Rate) | ✓ |
| Pain Management | ✓ | ✓ |
| Interventional Pain Management | ✓ | ✓ |
| Diagnostic services performed at Arrowhead Health Centers | | |
| Blood Draws/Lab Work | ✓ (\$15 convenience fee) | ✓ |
| Bone Density | ✗ (40% TOS Discount) | ✓ |
| X-Ray | ✗ (40% TOS Discount) | ✓ |
| Nerve Testing | ✗ (40% TOS Discount) | ✓ |
| Cardiovascular Ultrasound | ✗ (40% TOS Discount) | ✓ |
| EKG | ✓ | ✓ |
| Referrals outside of Arrowhead Health Centers | | |
| Specialists | ✓ | ✓ |
| Advanced Imaging (MRI, CT, PET) | ✗ (40% TOS Discount) | ✓ |
| Other Imaging (Bone Scan, Ultrasound) | ✗ (40% TOS Discount) | ✓ |

- ✓ No notable limitations. Very easy to obtain necessary healthcare services. Normal copays & deductibles apply.
- ✓ Some minor limitations in obtaining healthcare services. Authorizations or referrals are required but not difficult to obtain.
- ✓ Moderate limitations in obtaining healthcare services. Copays may be higher than what is typical.
- ✗ Significant limitations in obtaining healthcare services. Higher copays should be expected. Arrowhead Health Centers always offers cash pay rates for these services for your convenience.
- ✗ Severe limitations in obtaining healthcare services. For your protection, Arrowhead Health Centers will not contract with a plan if this condition exists.



Arrowhead Health Centers
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This document serves as a summary of your plan and is not a guarantee of coverage. Please ask your insurance if you are unsure of your coverage.